

eat breathe dream fitness™

Choose from 10,000+ fitness centers, with the flexibility to change anytime. Plus, access 800+ on-demand workout videos at home or on-the-go! All for just **\$25/mo.*** No long-term contract.

The Active&Fit Direct™ program is America's fastest growing fitness program of its kind!



GET A FITNESS CENTER MEMBERSHIP
\$25
 A MONTH
 10,000+ FITNESS CENTERS
 Active&Fit DIRECT™

Find these brands and more! Fitness center participation varies by location.



Log in to www.upmchealthplan.com > Highlights from UPMC Health Plan.

*Plus a \$25 enrollment fee and applicable taxes.

Participants must be 18 years of age, be located in the United States, and have a valid email address. Participants must pay by credit card and are charged in advance on a monthly basis using a recurring payment subscription. Participants commit to three consecutive months of membership. If a participant chooses to cancel, they must provide a 30-day notice of cancellation. All payments are subject to tax, if applicable, based on the participant's location.

Nondiscrimination statement

UPMC Health Plan¹ complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or gender expression.

¹UPMC Health Plan is the marketing name used to refer to the following companies, which are licensed to issue individual and group health insurance products or which provide third party administration services for group health plans: UPMC Health Network Inc., UPMC Health Options Inc., UPMC Health Coverage Inc., UPMC Health Plan Inc., UPMC Health Benefits Inc., UPMC *for You* Inc., Community Care Behavioral Health Organization, and/or UPMC Benefit Management Services Inc.

Translation services

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-869-7228 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-869-7228（TTY：711）。